



REFUGE FOR WOMEN
ANNUAL REPORT 2021

A HEART BREAKING REALITY

Thousands of women are suffering in silence, lost and forgotten by our society. They wake up every morning with no way out, forced into the horror of sex trafficking or exploitation (ADD THIS WORD) by violence, threats, substance abuse, manipulation, and homelessness. According to the US State Dept TIP report, the United States is the number one consumer of paid sex worldwide. The National Center for Missing & Exploited Children reported a 93% increase in online enticement reports during covid 19. Horrific stats like these abound. Refuge for Women and its community of thousands of friends say "enough is enough."



OUR MISSION

To empower sexually exploited women to live a life of freedom through faith based, residential healing programs.

Pioneering a unique multisite continuum of care model, we help women move from dangerous situations into up to 24 months of free, safe housing, with trauma informed healing and life skills programming supported with 24/7 staffing.

HOW WE DO IT





EMERGENCY PROGRAM HOME

Each resident in our Emergency Program Home receives emergency, safe, shelter for up to 90 days. Through individualized services, survivors or women at risk of human trafficking/sexual exploitation are offered basic needs assistance, medical care, psychosocial and therapeutic support, substance abuse treatment and targeted casework to empower each woman to move on to our long term program house or reintegrate into community. There is on site 24/7 staff support at no cost to the resident.



LONG TERM PROGRAM HOME

Each resident in our Long Term Home receives weekly, individual and group counseling therapy. An individualized plan is developed, building on the resident's unique strengths and addressing specific needs. Cognitive-behavioral therapy, motivational interviewing, and other therapeutic strategies are implemented in order to help the residents achieve their goals and experience healing. There is on site 24/7 staff support at no cost to the resident.

TRANSITIONAL PROGRAM HOME

Each graduate of our Long Term Program Home or graduate of a similar program is eligible to apply for one of our Transitional Program options:

- up to 3 months of aftercare in our Long Term Program Home (this option only available to RFW graduates)
- up to 12 months of Transitional living/casework in a Refuge managed property
- up to 12 months of Transitional care/casework while living off site in housing of resident choosing

These provide the opportunity for continued counseling, casework, financial savings, accountability, job support and more time to practice healthy rhythms of life with safe people in a healthy community. There is 24/7 staff support available.



2021 AT A GLANCE

148 WOMEN SERVED

Emergency Program Home: 75 residents

Long Term Program Home: 55 residents

Transitional Program Home: 20 residents or participants

RESIDENT MENTAL HEALTH IMPROVEMENT*

28% reduction in depression

10% increase in self esteem

35% decrease in anxiety

35% decrease in PTSD

30% decrease in overall distress

*based on standardized monthly assessments

2,284 HOURS OF COUNSELING

Emergency Program Home: 907 hours

Long Term Program Home: 1,027 hours

Transitional Program Home: 347 hours

RESIDENT MEDICAL APPOINTMENTS

Emergency Program Home: 204 appointments

Long Term Program Home: 505 appointments

Transitional Program Home: 115 appointments

80% of trafficked/exploited women who leave their situations end up back on the street without a safe recovery home.

45% of women who participated in our Emergency Program Home have moved into our Long Term Program Home, moved into a stable situation with family or another program or still remain in the program.

58% of women who participated in our long term program do not return to the sex industry.

70% of women who graduate our long term program go on to stability and sobriety.

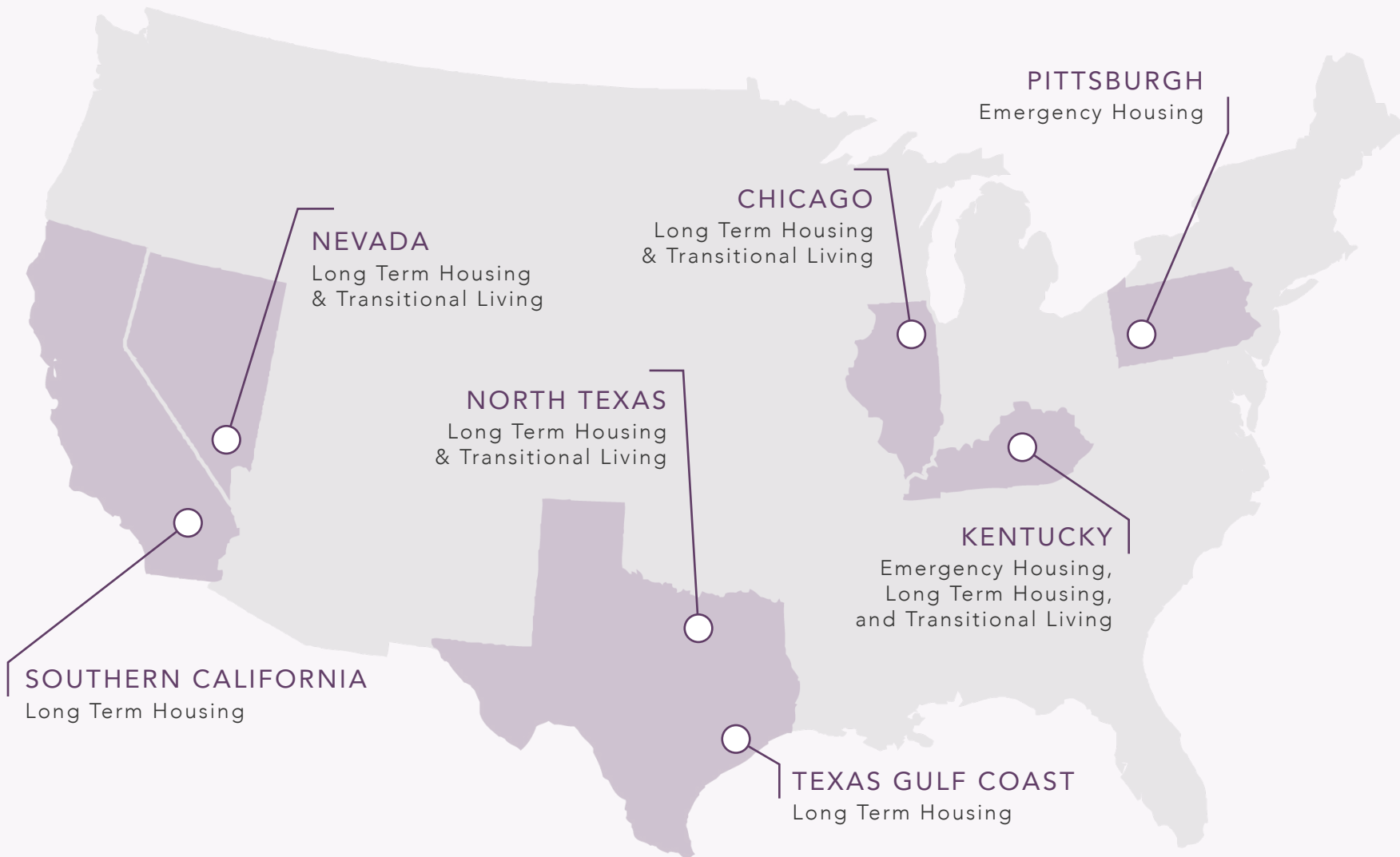
90% of the women who participated in our transitional program with whom we remain in contact go on to a life of stability and sobriety.

Over **12,000 HOURS**, lovingly given in 2021 by volunteers across all programs to support staff, serve residents, rehab and launch 2 new homes, lead our boards, run our events, spend hours in prayer and encouragement, fill our pantries, mow our lawns, repair our appliances and more!



WHERE WE SERVE

Women have come to our programs from 24 different states. Currently, 16 states have no recovery homes for trafficked and exploited women to start over. Refuge For Women is committed to any woman from any state who desires her new beginning.



STORIES OF HOPE

“

My birthday party yesterday was so fun. I had just one candle on my cake. We celebrated it as my first birthday as the “new me!

“

This year I am so thankful that I am even able to feel thankful. My life, my feelings, my emotions are all coming alive. I’m so thankful to Refuge for Women for giving me back my life.

“

I am thankful for all the people that helped create this Refuge home. The volunteers have never even met me and still cared. I didn’t believe anyone cared anymore, but now I can feel it. I really do matter!

“

I actually love who I am now. My life has purpose and meaning. I believe in who I am.

“

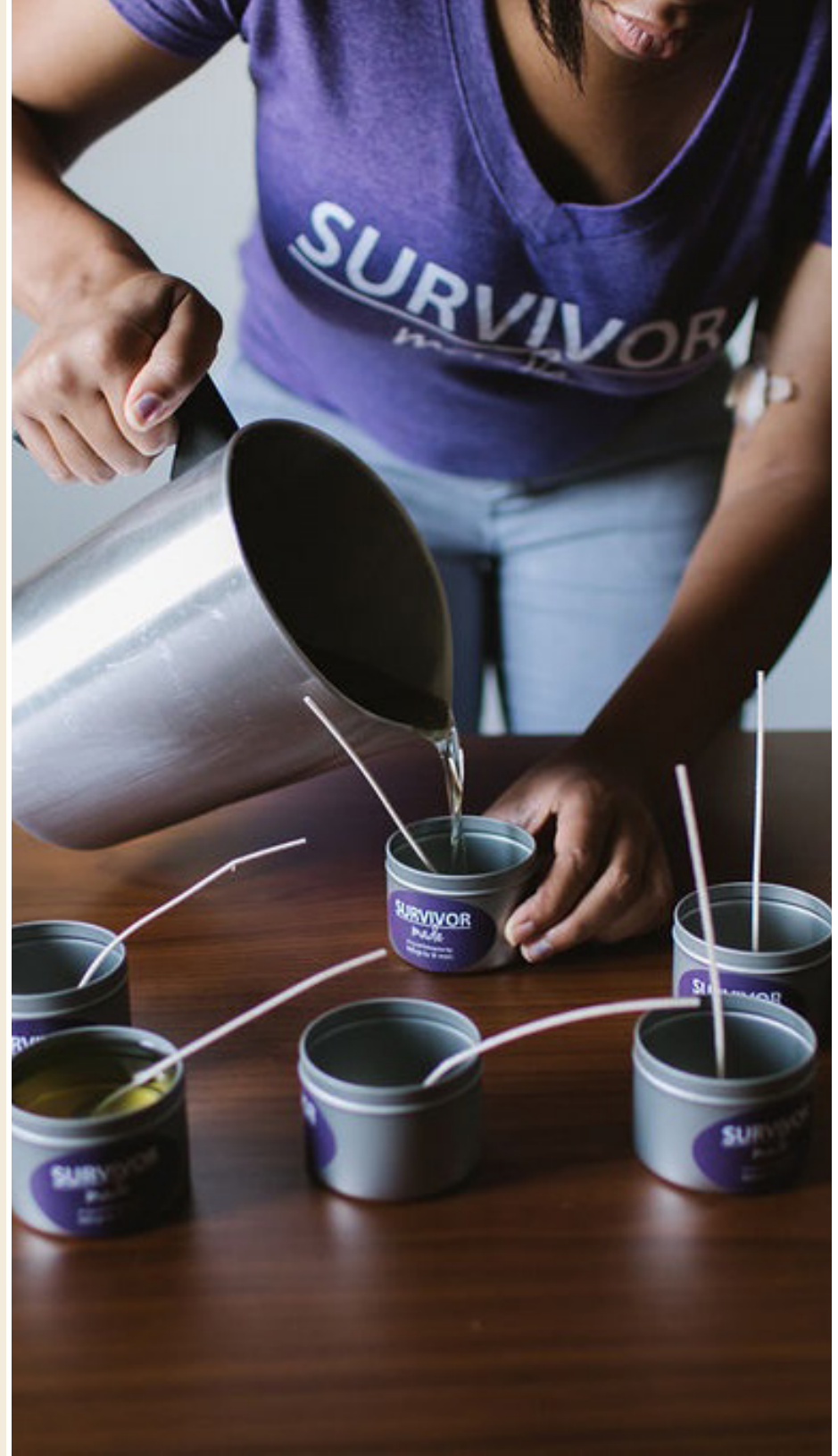
I found Refuge and they are giving me hope that I am worthy and I am loved.

“

For years I could not sleep at night and suffered from trauma seizures in the day. I just celebrated 7-months at Refuge, and I have been seizure free for over 40 days now! It is truly a miracle!

SURVIVOR MADE

Now two years old, Survivor Made has established itself as a Refuge program element where residents earn income, build confidence, practice job skills and overcome barriers to employment. Our artisan, hand crafted products are stylish, high quality and change lives one sale at a time. Currently, we have an exciting website store that serves retail and wholesale customers around the world, 2 Survivor Made locations that order supplies, produce products, process and ship orders and manage day to day operations in unity with other sites. Our vision is to launch a Survivor Made enterprise at each Refuge location by 2025.



AT A GLANCE

- Over \$100,000 in sales in 2021
- Beautiful Day and Blueberry Comfort were our top selling candle scents
- The J-Bag was our top selling online bag



My first \$32 paycheck means more to me than the hundreds of thousands of dollars that I sold my body and soul for. I held that check in my hand and it felt like \$32 of dignity!

- Survivor Made Employee

OUR TEAM

Refuge for Women has a national leadership board, seven local advisory boards, 61 full time employees, 29 part time employees, 13 contractors, 120 program house volunteers and multitudes of others who lead and serve in countless ways. We have stepped up our professionalism and support to our staff by fully implementing Bamboo for hiring, onboarding, payroll and benefits tracking. We have increased our PTO policy, updated staffing models and hired accordingly, deepened our employee training and there are more improvements to come in 2022.



OUR LEADERSHIP

National Board of Directors

David Diers, President

Duncan Gardiner

Bud Simon

Dr Carson Castleman

Curtis Swisher

Lori King

Marty Lamb

Tammy McCord

National Leaders

Ked and Michelle Frank, Founders

Jade Cook, Financial Manager

Leigh Ranson, Human Resources

Talia Schafer, Corporate Communications

Nancy Francis, Executive Assistant

Katherine Swick, Survivor Made Manager

Dr Nikki Instone, National Program Director

ORGANIZATIONAL HIGHLIGHTS

Refuge for Women is a registered 501(c)(3) not for profit organization financially supported by the committed giving of generous people, churches and organizations. We strive to maintain transparency, accountability and integrity in all our financial relationships and Refuge endeavors. Refuge has worked hard to maintain the endorsements of the National Christian Foundation, EFCA, and Sheltered Alliance.



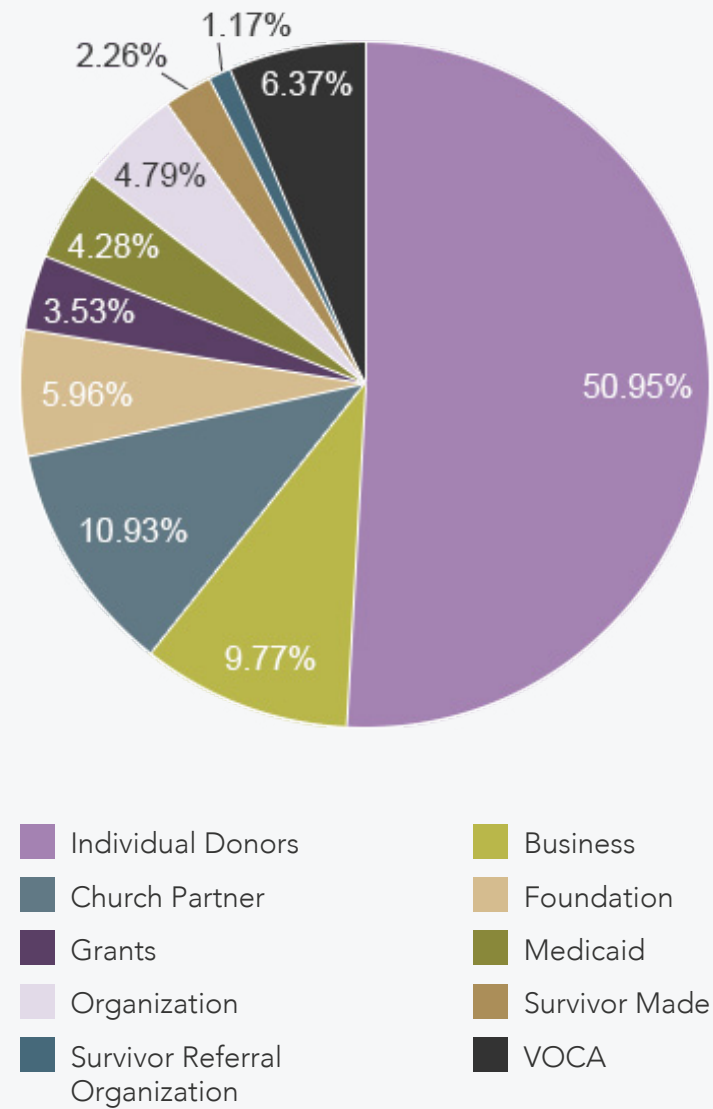
Our Emergency Program Home has achieved CARF Accreditation, ASAM Certification.



IN 2021...

- People, churches and organizations have given over \$6,000,000 in total revenue across all our sites from 47 states.
- 3,400 unique giving entities donated from \$3.00 to \$500,000-with \$344.00 being the average gift.
- Refuge for Women received \$534,000 in grants
- We invested over \$5,000,000 through our programs to empower women to heal and live a life of freedom
- We launched 2 new long term program homes (So Cal, GulfCoast)
- We launched 1 new transitional living home and 1 new transitional living program (KY, Chicago)
- We implemented Long Term Program curriculum and phasing changes as outlined through the program audit
- We standardized our resident data collection/ case notes processes

REVENUE BY DONOR TYPE



IN 2021...

- We purchased a previous convent to be our Pittsburgh Emergency Home and received zoning approval to move forward. The beautiful images in the stained glass windows of our new Emergency Home tell a story and our goal for 2022 is that this home will be the place of new stories for the women who come.
- We launched a new website featuring stories of hope
- We launched Becoming Fearless, a podcast for teen girls
- We released our book, The Refuge for Women Story
- We celebrated two Long Term program home 5 year anniversaries
- We navigated covid outbreaks and continued to bring hope and healing to our residents.
- 12 women graduated the long term program (16 completed the program requirements to graduate)



Since welcoming our first resident in 2010, we have served over 300 women across all sites, according to their need. Some have gone on to be national speakers and authors, some have become employees of Refuge for Women, some have gotten married, some have had children, some have started businesses, some have been reunited with family, some have graduated college, some have relapsed and started over again, some have relapsed. ALL have been loved and supported.

We celebrate our residents who move from being victims, to survivors, to overcomers, to neighbors in our communities who have a story that does not control them anymore.

Together we embody the mission to rescue more women from the sex industry and offer them a new beginning.



Moving forward, we envision 21 houses in seven locations (Emergency, Long Term, Transitional at each location) by 2025, with Survivor Made at each location.

